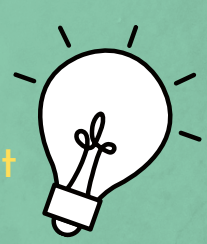
SUSTAINABLE SWAPS

Tiers increase from 1-3 in expenses, time, and positive impact.
The bigger the swap, the bigger the environmental influence!

1

Energy:

- Install LED or T8 fluorescent lighting
- Clean condenser coils on refrigeration equipment



Water:

- Fix leaky faucets and appliances
- Provide drinking water for employees

Food:

- Provide/clearly label plant-based menu options
- Cut down on beef dishes
- Use food scraps in broths and stocks
- Embrace "ugly" produce in sauces and soups

Waste:

- Recycle properly
- Implement a small reward for bringing a reusable coffee cup
- Decrease portion sizes

2

Energy:

- Install motion sensors for lights in bathrooms

Water:

- Install low-flow spray valves and aerators

Food:

- Shop seasonally/locally
- Buy in bulk
- Purchase "Fair Trade" ingredients

Waste:

- Switch to biodegradable or compostable take-out containers and utensils
- Use eco-friendly cleaning products

3

Energy:

- Choose efficient appliances (like ENERGY STAR)
- Install thick windows for insulation
- Invest in renewable energy

Water:

- Choose efficient appliances (like WaterSense)

Food:

- Grow some of your own food in a small garden
- Donate surplus food to soup kitchens and food banks

Waste:

- Composting (in-house or with a company)